

Ball Tag



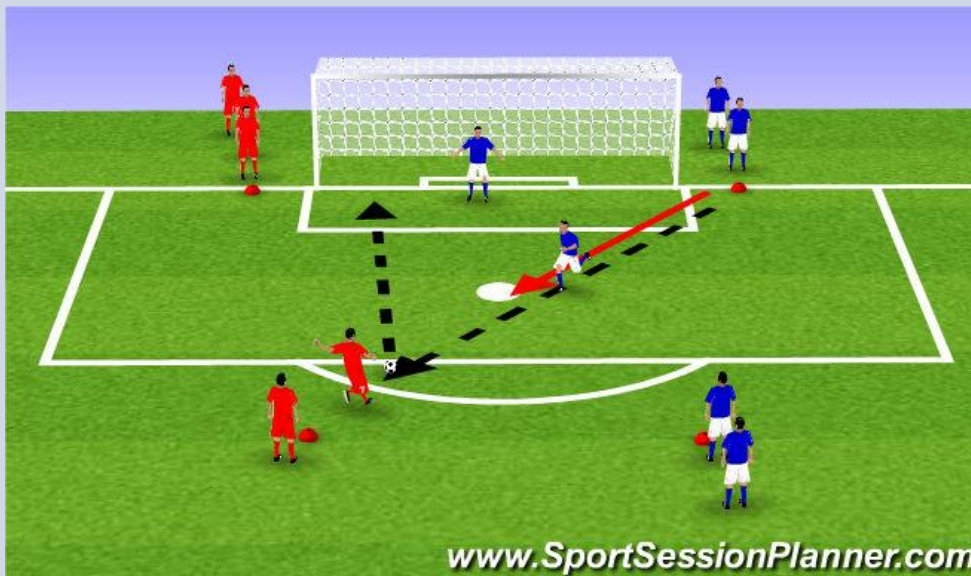
RULES

- All players with a ball
- 2 taggers with a ball in hands
- Taggers try and hit a players ball by throwing their ball
- Players use dribbling moves to find space
- If ball is hit, then 2 players swap and other becomes tagger

POINTS

- Find spaces
- Taggers take quick throws
- Hit target quickly

Everyone the GK



RULES

- 2 teams
- Defending team starts with ball and goalkeeper in goal
- Player passes ball to opponent
- Opponent tries to get quick shot off
- Once shot goes off, shooter becomes the goalkeeper and his team now pass the ball in
- Passer goes to shooting line and GK goes to passing line

POINTS

- Look where defender is coming from
- Touch into space and towards goal if needed
- Take quick shots
- Think about next role

4v4 shooting



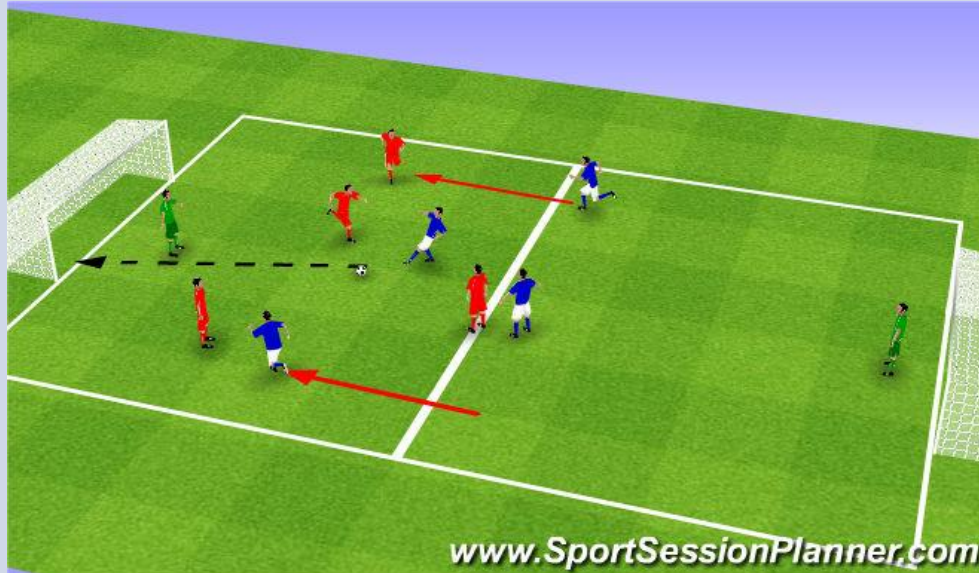
RULES

- 2 teams with Goalkeepers
- Play 2v2 on each side
- Players look to get quick shots
- If defending side score get 2 points

POINTS

- Get quick shots off
- Take touch into space
- Use team mates who can get quick shots

5v5 GAME



RULES

- 5v5 with goalkeepers

POINTS

- Take quick shots
- Good touches into forward spaces
- Look for team mates in space who can take a shot
- Move ball quickly